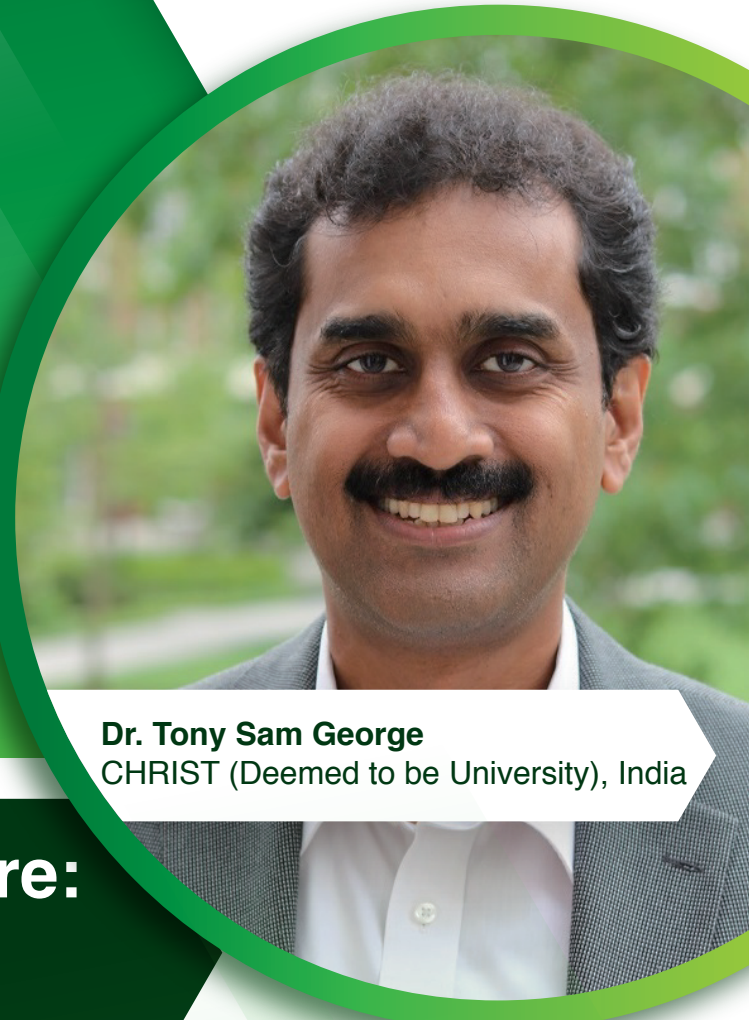


Leading Through Crisis

"Leading Through Crisis" is a webinar series on higher education leadership in Asia, envisioned as an initiative to support leaders in the United Board network during the COVID -19 pandemic. This series will feature one highly acclaimed master speaker each month, from our past leadership development programs, for the next five months. It aims to create an opportunity to reflect on how to better lead the self, and exemplify whole person leadership in a time of crisis.



Dr. Tony Sam George
CHRIST (Deemed to be University), India

From Neglect to Nurture: Emotional Well-being and Leadership

August 25, 2020 (Tuesday)
12:30pm (HKT) / 10:00am (IST)

In this session, the participants will be facilitated to reflect on the assumptions that govern their leadership behaviors and its impact on emotional well-being. The session will introduce models that leaders can use to nurture their emotional wellness with a specific focus on self-care. The themes facilitated in the session will be drawn from recent research on neuroscience and social and emotional learning (SEL).

**Register
now:**



Profile of Speaker

Dr. Tony Sam George

CHRIST (Deemed to be University), India

Tony Sam George is Dean for Social Sciences and Associate Director for Research at CHRIST (Deemed to be University). In addition, he serves as a mentor to the Praveen Kenneth Chair on Leadership and the Teaching Learning Enhancement Cell of the University.

Dr. George is a practicing psychotherapist and his doctoral work focused on developing psycho social models of care for persons with anxiety disorders. His clinical practice focuses on couples, marriage and family relationships and he had broad research interests spanning from psychotherapy to the professional and personal development of supervisors in academic settings, and more recently in the impact of online education on learning outcomes. He is also an alumnus of the United Board Fellows Program.

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