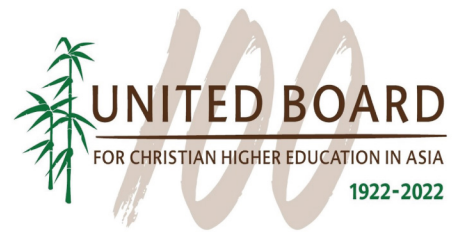


Towards a Caring Campus



Mental health has emerged as a serious concern during the pandemic. Extraordinary efforts will be required to heal the campuses, as we face uncertainty about the future course of the pandemic and its impacts. Towards a Caring Campus is a six-month webinar series, featuring highly acclaimed speakers from both Asia and the U.S.A., designed to support higher education leaders, members of campus ministry, faculty, and staff. It aims to raise awareness of mental health needs as institutions prepare to reopen their campuses; initiate conversations on wellness strategies and policies at the institutional level; and facilitate collaboration and sharing of best practices and resources among institutions, in order to build a caring campus and foster whole person education despite the current crisis.



Dr. Sarah Ketchen Lipson
Boston University, U.S.A.

Understanding and Addressing Mental Health on Campus: Opportunities and Challenges in Higher Education

October 21, 2021 (Thursday)
09:00 - 10:00 am (HKT)

In this session, Dr. Lipson will share lessons learned from more than 10 years of data collection through the Healthy Minds Study, the most comprehensive annual survey on campus mental health. She will discuss prevalence, help-seeking, and trends in student mental health outcomes over time, and will also present findings from 2020-2021 to understand the effects of the pandemic, particularly in the context of mental health inequalities. The breadth of data examined will include student-reported survey data as well as data from college and university faculty members across the country on their role supporting students and their own wellbeing. Dr. Lipson will share what her team has learned about best practices in prevention and early intervention for mental health on campus, and future directions for both research and practice as campuses re-open this fall.

**Register
now:**



Profile of Speaker

Dr. Sarah Ketchen Lipson

Boston University, U.S.A.

Sarah Ketchen Lipson (she/her) is an assistant professor in the Department of Health Law Policy and Management at the Boston University School of Public Health. Her research focuses on understanding and addressing mental health and disparities therein, particularly in college student populations. She is Principal Investigator of the Healthy Minds Network. This includes the Network's national Healthy Minds Study, an annual survey of undergraduate and graduate student mental health that has been conducted on hundreds of college and university campuses. Sarah's research has been funded by the National Institute of Mental Health and William T. Grant Foundation, among others. Her work has been featured in the New York Times, Boston Globe, Huffington Post, on NPR, and in numerous other national and international media outlets.

Sarah completed a dual-PhD at University of Michigan in the Schools of Public Health and Education. She received her bachelor's degree from Tufts University, her master's from Harvard University, and was a Fulbright scholar.

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