

Towards a Caring Campus



Mental health has emerged as a serious concern during the pandemic. Extraordinary efforts will be required to heal the campuses, as we face uncertainty about the future course of the pandemic and its impacts. *Towards a Caring Campus* is a six-month webinar series, featuring highly acclaimed speakers from both Asia and the U.S.A., designed to support higher education leaders, members of campus ministry, faculty, and staff. It aims to raise awareness of mental health needs as institutions prepare to reopen their campuses; initiate conversations on wellness strategies and policies at the institutional level; and facilitate collaboration and sharing of best practices and resources among institutions, in order to build a caring campus and foster whole person education despite the current crisis.

Self-Care for Women Leaders

January 21, 2022 (Friday) 09:00 am (HKT)

**Register
now:**



The World Economic Forum recently reported that women were at least a year behind their male counterparts in terms of job advancement. Due to the pandemic, working from home under the lockdown has affected women to a greater extent, and resulted in additional stress and exhaustion. However, the demand for their caring roles on campus as well as at home has kept them the least cared for. In this session, we plan to engage in a conversation with four women leaders to learn how they manage work-life balance, and how higher education institutions shall cope with gender-based disadvantages under the new normal, and provide support and opportunities to women when transitioning to the future.



Dr. Barbara K. Mistick
President,
National Association for Independent
Colleges and Universities, U.S.A.

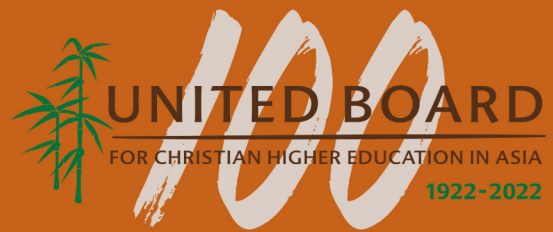


Dr. NGO Thi Phuong Lan
President,
University of Social Sciences and Humanities,
Vietnam National University, HCMC, Vietnam



Dr. Augustina Sulastris
Vice Dean for Finance and Personnel Development,
Soegijapranata Catholic University, Indonesia

Profile of Speakers



Dr. Barbara K. Mistick is president of the National Association of Independent Colleges and Universities (NAICU). Over the course of her career in the public, private, and nonprofit sectors, Dr. Mistick has a history of accomplishing daunting tasks. As president of Wilson College, she made history pioneering the nation's first loan buy-back program for college students. Before that she was the first woman to serve as president of the Carnegie Library of Pittsburgh. She is a seasoned entrepreneur and was named a Distinguished Service Professor at Carnegie Mellon University. She holds an MBA from the University of Pittsburgh, and received her doctorate in management from Case Western Reserve University.

Dr. NGO Thi Phuong Lan holds a master's degree in anthropology from the University of Toronto (Canada), a doctorate degree in ethnology from the University of Social Sciences and Humanities, Vietnam National University, Ho Chi Minh City (VNUHCM), Vietnam. Her area of interest is economic anthropology, especially livelihoods of various communities in Vietnam. Since 2013, she had been vice president of the university in charge of research management and post-graduate studies. She has then become president of University of Social Sciences and Humanities, VNUHCM since April 26th, 2018.

Dr. Augustina Sulastri has been teaching psychology at Soegijapranata Catholic University for 18 years. She obtained her PhD from Radboud University (Nijmegen, the Netherlands). She is currently vice dean for Finance and Personnel Development. She had assumed several managerial positions: coordinator for international cooperation (2018 – now), vice rector for academic affairs (2016 – 2017), director of the Institute for Research and Development in Education (2013 – 2016). She was one of the IASACT's scholars (2009). Besides developing expertise in educational psychology, she embarked researches aiming at developing Neuropsychological Tests and Neurofeedback Intervention (2016-now).

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